

Toolbox Talk # 37

SMOKING



Company Name:

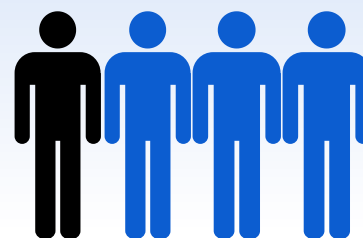
Job Name:

Date:

Key Points

1. Smoking on construction sites poses serious health and safety risks for workers and those around them.
2. Cigarette smoke contains harmful chemicals that significantly increase the risk of lung disease, heart disease, and cancer.
3. Smoking near flammable materials, fuels, or gases can cause dangerous fires and explosions.
4. Secondhand smoke exposure negatively affects coworkers, leading to respiratory issues and long-term health problems.
5. Designated smoking areas help keep job sites safer and reduce both fire hazards and secondhand smoke exposure.
6. Employers should enforce no-smoking policies in high-risk areas and near hazardous materials to prevent accidents.
7. Switching to smoke-free alternatives can help reduce health risks while maintaining workplace safety.
8. Education on smoking hazards, workplace policies, and support for quitting can improve overall worker health and safety.

1 in 4 construction workers smokes
(vs. 1 in 10 general population)



Top 5 smoking risks...

1. **Fire Hazard** – Smoking near flammable materials increases fire risks.
2. **Respiratory Issues** – Long-term smoking worsens health problems.
3. **Reduced Productivity** – Frequent smoke breaks disrupt workflow and efficiency.
4. **Secondhand Smoke** – Exposes coworkers to harmful chemicals and health risks.
5. **Safety Distractions** – Smoking while working can reduce focus and awareness.



1. Am I smoking near flammable materials or equipment?
2. Could my smoking affect my health or lung capacity?
3. Am I staying focused on the job and not distracted by smoking?
4. Is secondhand smoke affecting my coworkers' health and safety?

The blackened lungs,
a dreadful sight,
Extinguish now, and
win the fight.

Summary

Smoking on construction sites poses fire risks, especially near flammable materials. Workers should be aware of designated smoking areas, properly disposing of cigarette butts, and the potential for accidents when distracted by smoking. It's crucial to follow site policies to prevent fires and ensure safety.



OSHA doesn't have specific regulations on smoking, but it enforces general workplace safety and health standards that can apply to smoking in hazardous environments, such as construction sites. Smoking can pose fire risks, especially near flammable materials or chemicals.

Key Smoking Regulation

29 CFR 1910.1200 – Hazard Communication Standard

OSHA's Hazard Communication Standard requires employers to inform workers about hazardous chemicals, including flammable materials. Smoking in areas with flammable substances is strictly prohibited to prevent fire hazards and ensure worker safety.

SMOKING



ATTENDEES

Print Name:	Signature:

Additional Comments: